



# **Whole-Self Attunement Manual**

**“Re-establishing Connection to the Divine Within”**

Revision date: April 21, 2001

Please feel free to photocopy and distribute this manual, and continue this work in the true spirit of Love and Service to humanity.

Without naming names, this manual credits all individuals throughout the world who have contributed to the furthering of this sacred work. Our heart-felt thanks to all those who preceded us and illuminated our individual paths.

Thanks also to New Leaf Distributing for permission to use material from What is Lightbody by Archangel Ariel channeled by Tashira Tachi-ren.

You may also freely download a copy of this manual in Adobe Acrobat PDF format from our web site [www.whole-self.net](http://www.whole-self.net)

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*The Perfect Time has come,  
When individuals have the opportunity to re-connect to the Divine  
Within,  
And in embracing our Wholeness  
We become a living expression of Spirit!*

*And then we can walk the highways and byways of the planet  
As instruments of Spirit's peace,  
Where there is hatred, sowing love  
Where there is doubt, faith;  
Where there is despair, hope;  
Where there is darkness, light;  
Where there is sadness, joy.*

*And in our Wholeness  
Let us not so much seek  
To be consoled as to console,  
To be understood as to understand,  
To be loved as to love;  
For it is in giving that we receive,  
It is in forgiving that we are forgiven,  
It is in dying (of the ego self) that we become a living expression of Spirit*

## Overview

All that exists is SOURCE. Un-Differentiated Source continually differentiates, and casts parts of Himself/Herself out into Creation as Self in order to simply experience all there is to experience. After differentiation occurs, several successive “deeper probes” are sent in order to express and experience greater and greater levels of subtlety of Life. Figure-1 shows a simplified model of Self.

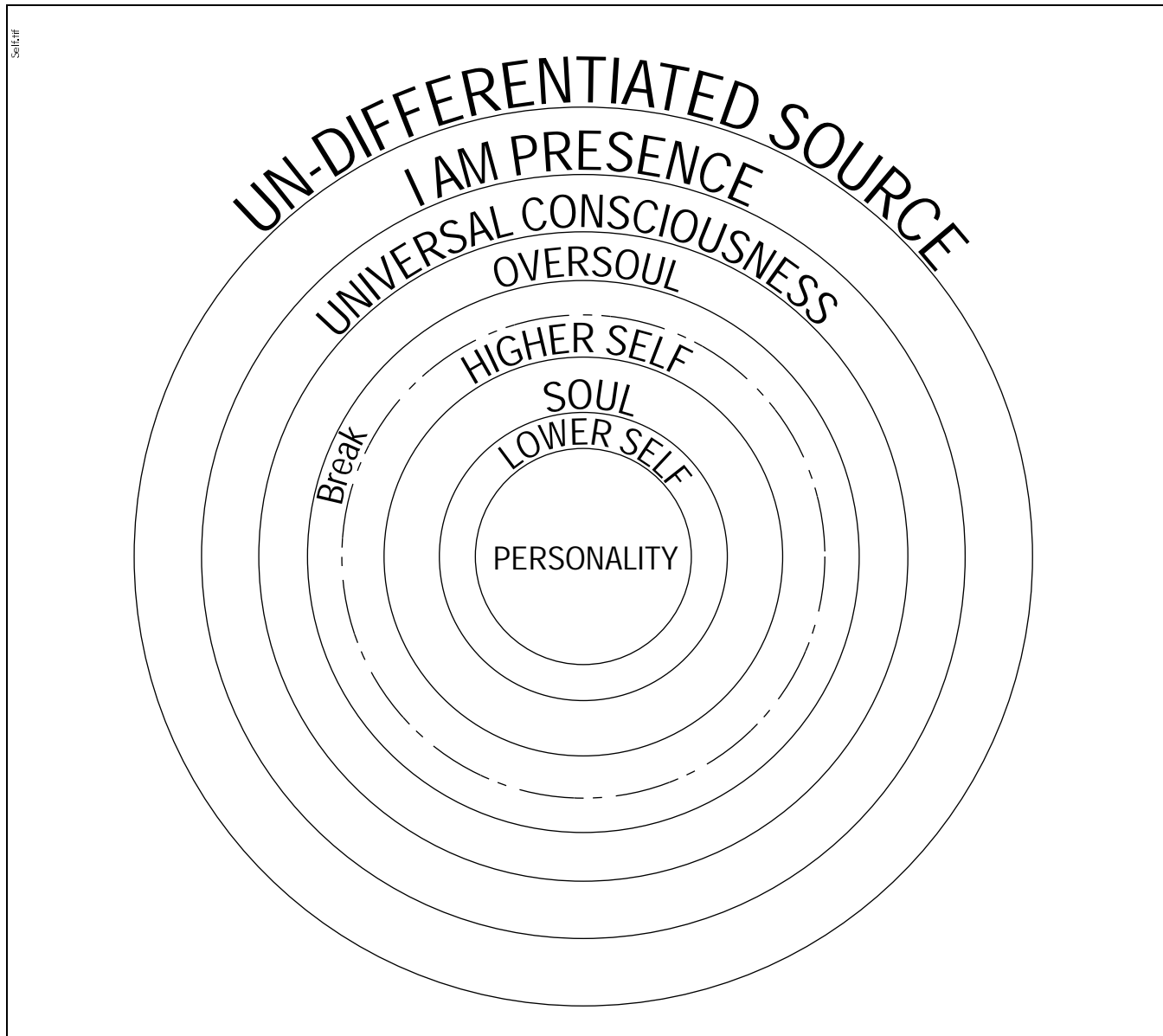


Figure-1: Simplified Model of Self.

At the end of the “program”, when a theme has played out, all aspects of Source then return back to the Un-Differentiated Source. This process starts all over again, and carries on for eternity to explore other themes. This, in a nutshell, is the Big Picture.

A long time ago, there was a “rebellion” of sorts. The lower aspects of Self wanted to go off on their own. When we consciously renounced our Divinity, we separated from the rest of Self. This break occurred below the Oversoul level.

By agreement, the Higher Self remained with the separated Self under the condition of non-interference; and to provide assistance only when called upon to assist.

The etheric body which inter-penetrates the physical body consists of many higher dimensional templates. When separation from the larger Self occurred, a set of lines known as axiatonal lines (or axiatonal meridians) that connect all levels of Self were also severed. These axiatonal lines used to feed into a 5th dimensional circulatory system known as the axial circulatory system, as well as the 4th dimensional acupuncture meridians. This flow of higher energy used to maintain the physical body and its organs, as well as the emotional and mental bodies in perfect harmony. When the axiatonal lines were severed, the axial circulatory system became dormant. The acupuncture meridians were left to draw just enough energy to sustain life.

The separated aspects of Self then limped along at subsistence levels of energy, and continued a karmic existence. All previous awareness of the larger Self was also veiled. The Lower Self then took on a life of its own, characterized by fear, self-will and pride.

Through the varied life experiences orchestrated by the Soul, the personality begins to realize that it is a part of a larger aspect of Self, and that this larger aspect of Self is in turn part of a larger Whole. By now, the yearning to reconnect with the rest of Self is very great. It is that desire to reconnect, and the willingness to reconnect that makes the reconnection possible.

The larger Self is just as eager to reconnect, because separation is very unnatural for Spirit. The larger Self has been held back from higher evolution, because the separated Self has been “stuck”. The larger Self is willing and eager to assist in the re-integration, and can facilitate the process with great ease.

There are three very important conditions that must be fulfilled before we can return to Wholeness.

Firstly, we must consciously seek reconnection with the larger Self. We exercised our free will to separate from the larger Self. We must now exercise our free will once again to seek reconnection.

Secondly, we must consciously reclaim our Divinity. The key to accepting our Divinity is total unconditional self-acceptance. All along, there has NEVER been any judgement or condemnation of any kind from the larger Self. The larger Self sees ALL experiences as beneficial. All our experiences have indeed enriched us, and led us to our enlightenment. All along, it has been the Lower Self that has judged negatively and condemned. The Lower Self meant well, and acted to protect the separated Self. But without guidance from the larger Self, it lost track and fell prey to fear.

No aspect of Self can be discarded as unworthy. All MUST be accepted with great compassion, and re-integrated. By embracing ALL aspects of Self unconditionally, accepting our Divinity becomes easy.

Thirdly, we are required to accept Oneness. Until we totally integrate Oneness, the old fear-based patterns are still at play. This can create a lot of frustration. Many are also engaged with the polarity between Darkness and Light. Fear is the hallmark of Darkness, and Love the hallmark of Light. In truth, there is only Oneness. The whole exercise of expression and experience of Life is played out as a big game. The “actors” play their roles so very well, that they have been mistaken for real. Darkness has been mistakenly labelled as the “enemy”. “Evil” then, is the misguided projection of the personality.

When we no longer see the polarity between Darkness and Light, we can rise above fear and move into Wholeness, and start to express from that level in total Love.

There is help available from the larger Self. When we seek the reconnection, the first thing that occurs is that the axiatonal lines are reconnected. This then allows the Oversoul to once again recharge the lower bodies and re-vitalize them, and restore harmony and balance. All “baggage” in the form of negative emotional and mental patterns we have been carrying around from lifetime to lifetime can also be shed effortlessly with the assistance of the Higher Self and the Oversoul levels of Self. This allows greater room for Spirit to express through the physical body.

Our desire to return to Wholeness, and being totally focused on that assists to accelerate the process. The transition from separation to Wholeness can be frustrating at times. But by staying totally focused on our desire to return to Wholeness, regardless of what is happening around us, we maintain the connection with our Spirit. This connection eases the transition, and allows us to disengage from fear whenever it appears, and allows us to operate from a place of Love.

During the transitional period we are also learning to operate from our Wholeness. We become aware that everything in our environment is our own creation. We then understand how the creation process works. Through our “Heart’s Desire” and our “Focus” we learn to let go of the things that we no longer desire, and to manifest the things that we truly desire.

Daily meditation, and deep breathing helps to maintain the awareness and connection with our Wholeness in every waking moment. Opening Up to Different Aspects of Self, and the Pillar of Light meditations in this manual are two very powerful tools to assist us to open up and feel our Wholeness, and to maintain the connection.

Our willingness to surrender totally to Spirit, and live in total soulfulness allows Spirit to express fully. Spirit then begins to manifest more and more of ITs vastness through the physical body, which allows for greater Light, Love and Wisdom to enter. This is called “Descension of Spirit”. Life then is filled with Love, Joy, Peace, Tranquillity, Harmony, Balance, Abundance and Creativity. The original program, Spirit descending into gross matter to experience, can continue, as originally intended. You begin to express in the fullness of who you are - as SOURCE.

Remember, we are Divine Spiritual Beings having a human experience, instead of human beings having a spiritual experience!

This re-awakening and total expression from our Wholeness is called Self-Realization.

## What is Whole-Self Attunement?

Whole-Self Attunement (also known as Axiatonal Re-Alignment) focuses on re-establishing connection with the larger Self, and to work with IT to achieve total Self-Realization.

Whole-Self Attunement helps to re-establish connection first of all to the Oversoul. It also reconnects the severed axiatonal lines, and rejuvenates the



axial circulatory system. Once the connection has been re-established, the Oversoul transmits the appropriate energies through the axiatonal lines to regenerate, and reharmonize the various bodies according to the Divine Blueprint.

Axiatonal lines lie along the acupuncture meridians, and feed into major spin points that lie near the surface of the skin. Spin points are small spherical vortices of electromagnetic energy that emit Light and Sound frequencies which cause the atoms of molecules in the cells to spin faster. This increased spin creates Light fibres that then create a grid for cellular regeneration.

These spin points feed axiatonal energy into the axial circulatory system, and the acupuncture meridians. Every cell in the body also has a spin point. The axial circulatory system connects all the spin points in the body. The connection into the acupuncture meridians is also necessary to ensure that all cellular grids are in harmony.

Axiatonal energy continually recharges all bodies, and additionally assists to clear negative emotional and mental patterns.

The reconnection to the Oversoul level acts as the gateway to hook up to even higher levels of Self. As we embrace our Wholeness, Spirit manifests more of Its vastness through the body, which allows for greater Light, Love and Wisdom to enter. This is called "Descension of Spirit", and as this happens, we begin to express in the fullness of who we are - as Source.

## How to Work With Whole-Self Attunement

Whole-Self Attunement is very sacred work and must be approached from this perspective when working with it. You must prepare accordingly, and ensure that you are working from your highest level of awareness, and from a place of total integrity.

The essential steps with this work are: first create the attunement space and establish a Pillar of Light within it and anchor it into Source in Spirit and Source in Nature to establish the energy flow. Then raise your vibration to the highest level, and hold that level of vibration to assist the attunement.

Another important part of this work is the use of intentions to set the stage for the attunement. Intentions are very powerful, and as you hold the intentions with a clear focus it allows the flow of energy. It is said that 95% of the work is accomplished with intentions alone.

Refer to the "Quick Reference Guide" on page 7, and use the sequence shown as a guide to do the Whole-Self Attunement. Please remember that this is only meant as a guide to get you started. Once you are comfortable with this material, use your intuition to guide you, and feel free to change things as you are guided to.

When you first start to work with this manual you may wonder - do I need to recite all those invocations and intentions? You do not need to learn anything by heart, it is best that you understand the substance of the intent and then state it quietly in your own words. It is most effective when it is said from the heart rather than the head.

Whole-Self Attunement can be done lying down, sitting up or standing up, although it is easier to work on yourself sitting up. It is also a good idea to remove objects such as wrist watches, belts etc. that constrict the energy flow.

Whole-Self Attunement works well when you use your intuition to guide the process. Of course, your Higher Guides are always present, and work with the intentions to alter and correct any minor deviations from the ideal. Like Reiki, Whole-Self Attunement is perfectly safe, and there is no way it can be done "incorrectly". It is important to remember that this work is done under the direct supervision of the Oversoul, and hence it is perfectly safe.

The axiatonal lines are traced either on the physical body or in the etheric body. The middle fingers are known as the "Fire fingers", and are used to trace the lines. As the fingers move over diseased areas they begin to tingle, or one senses a heavy sticky feeling. Generally the lines are traced 3 times, however if an area needs more work then follow it up by activating the spin points in the area. The fingers can be within 75 mm (3 inches) of the points/lines, and they will still be activated.

When you receive a Whole-Self Attunement, you may feel fatigued. This is because you are not used to this energy, and there is also a lot of transmutation occurring. As the axiatonal energy enters the body you may experience spontaneous releases which may manifest as twitches, jerks, wiggles, or even as laughter or tears. Generally most people feel very refreshed and revitalised after this attunement. Some experience tingling in the body, sounds, lights, colours, symbols etc. It must be clearly understood that the experience is unique for each person, and that your Spirit is giving you exactly what you can handle at that given time. On the whole, it is a very pleasant experience and deeply relaxing.

At the end of the session please drink lots of water and take detox baths for the next couple of days following an attunement. There is generally no rule of thumb for the number of sessions needed to re-establish a solid connection with the Oversoul levels - however each session reinforces the connection. Work with your intuition, and let it guide you.

As mentioned earlier, when the energies pour in through the axiatonal lines, they also assist to clear negative emotional and mental patterns.

It is very strongly recommended that you practise Whole-Self Attunement on yourself everyday (if possible) for at least three to six months. You will experience dramatic shifts in all aspects of your life as you start to work with it. Please remind yourself that you are making the shift from limitation to Wholeness. Hence those aspects of your life that no longer serve you will come up for release. Use your heart's desire and focus to let go of the things that you no longer desire, and to manifest the things that you truly desire.

What is Lightbody by Archangel Ariel, channeled by Tashira Tachi-ren (ISBN 1-880666-25-1) is highly recommended as a reference book for this work. The Keys of Enoch by J.J. Hurtak (ISBN 09603450-4-3) also refers to axiatonal meridians.

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## Quick Reference Guide

Use the sequence shown below as a guide to do the Whole-Self Attunement. All intentions and invocations may be stated silently.

1. Create the Attunement Space – see page 7.
2. Activate the Pillar of Light – see page 9.
3. Raise your vibration to the highest level – see page 10, or see page 12.
4. Call in all aspects of yourself, your Guides, and members of your spiritual family into the Attunement Space.
5. Visualize a cocoon of Violet Light and Silver-White Light around yourself.
6. Then state the general intention for the attunement – see page 15, and any other specific intentions you may have.
7. Draw the Axiatonal Head Lines – see page 15.
8. Activate the Spin points - **set # 1** – see page 20.
9. Draw Body line 1 – see page 22.
10. Draw Body line 2 – see page 23.
11. Activate Spin points - **set # 2** (see page 20).
12. Draw Body line 3 – see page 24.
13. Activate Spin point - **set # 3** (see page 20).
14. Activate the DNA strands – see page 25.
15. Activate Spin point - **set # 4** (see page 20).
16. Remove patterns – see page 26.
17. Activate Spin points - **set # 5** (see page 20).
18. Hook-Up to Oversoul Levels – see page 27.
19. Seal the Connection – see page 28.
20. Harmonize all Meridians – see page 29.
21. Seal the Connection Again – see page 31.
22. Check energies – see page 32.
23. Blessings from the Oversoul – see page 32.
24. Cocoon of Light – see page 32.
25. Close the Session – see page 32.

## Attunement Space

Visualize a large sphere of Light about 3m (10 ft) in diameter. This is a holographic sphere of Light which represents the microcosm within the larger macrocosm. The top part of this sphere represents Source in Spirit, and the lower part of the sphere represents Source in Nature. Visualize yourself in the centre of this sphere, with the Soul Star above your head, and the Earth Star below your feet.

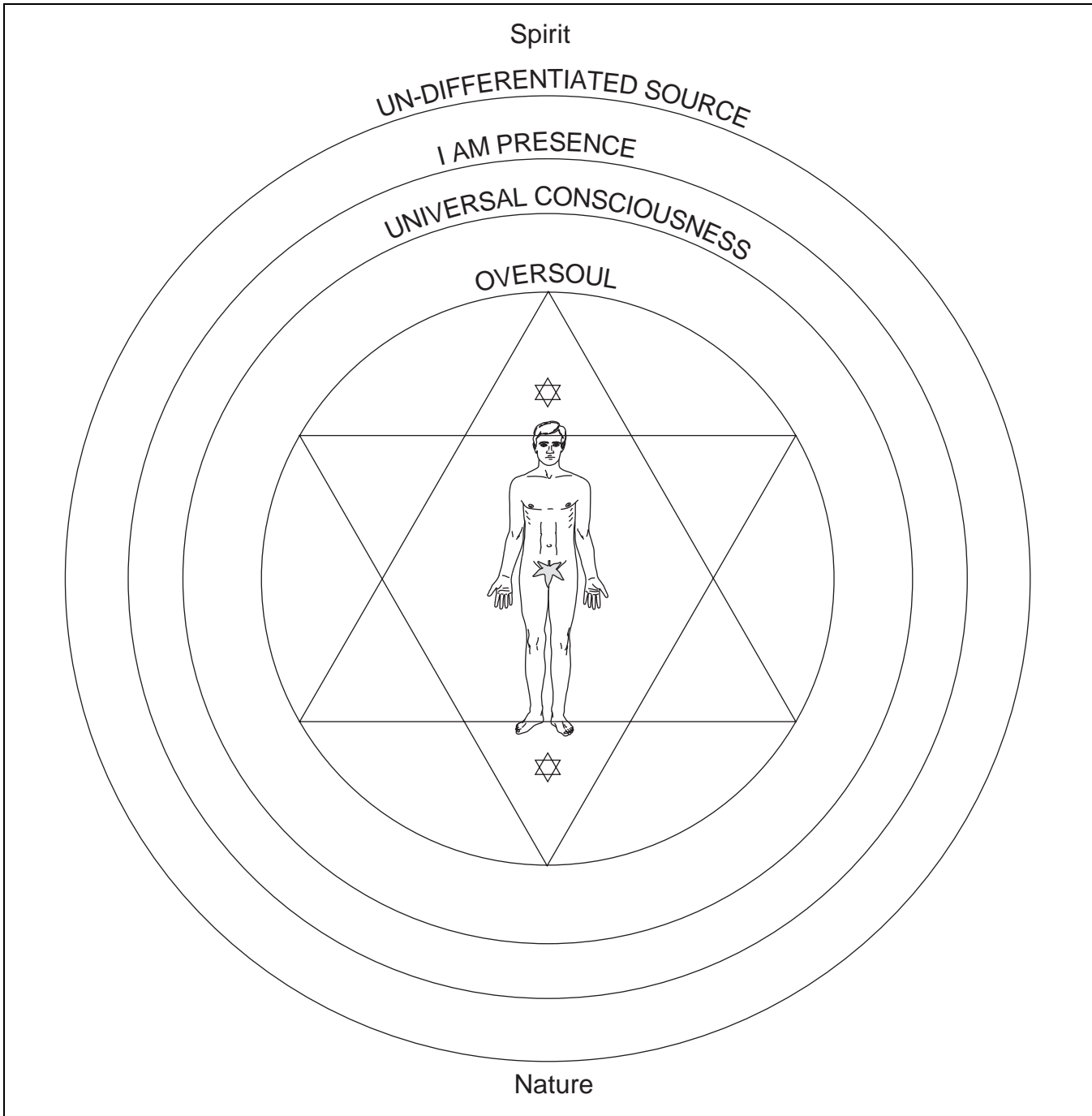


Figure-2: Attunement Space.

Visualize a pyramid of Light with its base around your feet, and the apex connecting to your Oversoul. If you wish you may visualize Archangels Michael, Raphael, Gabriel and Ariel anchoring the base of this pyramid.

Visualize an inverted pyramid of Light with its base around your head, and the apex connecting to the Sun. If you wish you may visualize the four Elements – Fire, Wind, Water and Earth anchoring the base of this pyramid.

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## Pillar of Light Invocation

Use the following invocation to create the Pillar of Light within the Attunement Space.

Archangel Metatron please open my crown chakra, the very heart of my Soul, Higher Self, Oversoul, Universal Consciousness, I AM Presence, and Un-Differentiated Creator Source in Spirit.

Archangel Ratziel please open my pineal and pituitary chakras – the third-eye centre.

Archangel Khamiel please open my throat chakra, and my heart chakra. Please help me to express my Truth at all times, and to express un-conditional Love at all times.

Archangel Michael please open my solar-plexus chakra. Please help me to surrender my negative ego, and to express at all times from my Wholeness. Help me to remember that I am Source manifested in form, and help me to see the same in all of Creation.

Archangel Raphael, Gabriel and Ariel please open my sexual chakra. Please help me to express pure Divine creative energies at all times.

Archangel Sandalphon please open my base chakra, and my feet chakra. Please open the very heart of the Earth, the Sun, the Galaxy, the Universe, and Un-Differentiated Creator Source in Nature.

Archangel Metatron please open, open, open, ignite, ignite, ignite the Pillar of Light. Please lower the Pillar of Light from the Un-Differentiated Creator Source in Spirit, down through my I AM Presence, down through my Universal Consciousness, down through my Oversoul, down through my Higher Self, down through my Soul, down through my Lower Self, and please connect it to my crown chakra.

I allow the Pillar of Light to descend down through my body, and as it descends it opens, clears, balances and aligns all my chakras in one straight line through the centre of my body.

I allow the Pillar of Light to exit through my base chakra and my feet into the heart of the Earth, the Sun, the Galaxy, the Universe, and Un-Differentiated Creator Source in Nature.

Archangel Sandalphon please anchor the Pillar of Light into the very heart of the Un-Differentiated Creator Source in Nature.

Archangel Metatron please anchor the Pillar of Light into the very heart of the Un-Differentiated Creator Source in Spirit.

Archangel Metatron please expand this Pillar of Light to whatever size is appropriate for today.

Take a few minutes to breathe deeply and exhale fully. On the inhale breath visualize a counter-clockwise spiral of Pure White Light moving from the heart of the Un-Differentiated Creator Source in Nature to the heart of the Un-Differentiated Creator Source in Spirit through this Pillar of Light. On the exhale breath visualize a clockwise spiral of Pure White Light from Un-Differentiated Creator Source in Spirit down to Un-Differentiated Creator Source in Nature. This helps to establish the main energy flow for the attunement session.

## Opening Up to Different Aspects of Self Meditation

Use this meditation, or the “Unified Chakra Invocation” on page 12 to unify all levels of Self. To work with this meditation effectively, get a sense of the model of the Self and the substance of this exercise, and then express it in your own words.

There are two keys to this meditation. Firstly, set your intent to connect to all aspects of Self. Know that through your intent you can and will connect to all aspects of Self. The intent serves to focus your energies.

Secondly, “feel” the connection with each level of Self as you connect upward. In the beginning, if you do unable to feel anything, just use your imagination to make the connection. As you work with it everyday, you will begin to feel the difference between the various levels of Self. It is very important not to rush through this meditation, and to feel the connection with each level of Self.

Find a comfortable chair to sit it, and sit upright. Take a few deep breaths and exhale completely each time.

Then breathe in Light through your heart chakra. Allow the Light to expand radially from your heart chakra like a sphere in all directions. Continue to breathe in Light.

Then allow the Light to expand to encompass your throat and solar-plexus chakras. Continue to breathe in Light.

Allow the Light to expand to encompass your third-eye chakra and sexual chakra. Continue to breathe in Light.

Allow the Light to expand to encompass your crown chakra and your base chakra. Take a moment to totally embrace your physical body. Feel the connection with your physical body. Visualize your whole body, including all the organs of your body, in White Light of Source. Continue to breathe in Light.

Allow the Light to expand to encompass your etheric body which interpenetrates your physical body, and extends outside your physical body like a second skin. Take a moment to totally embrace your etheric body. Feel the connection with your etheric body. Continue to breathe in Light.

Allow the Light to expand out to your emotional body, which interpenetrates your physical body, etheric body, and extends outside your etheric body approximately 150 mm or 6 inch. Take a moment to totally embrace your emotional body. Feel the connection with your emotional body. Continue to breathe in Light.

Allow the Light to expand out to your mental body, which interpenetrates your physical body, etheric body, emotional body, and extends outside your emotional body. Take a moment to totally embrace your mental body. Feel the connection with your mental body. Continue to breathe in Light.

Allow the Light to expand out to your spiritual body, which interpenetrates your physical body, etheric body, emotional body, mental body, and extends outside your mental body. Take a moment to totally embrace your spiritual body. Feel the connection with your spiritual body. Continue to breathe in Light. Feel all the fields around your body merge into a single Unified field.

Continue to breathe in Light, and allow the Light to expand. With your intent connect up to your Lower Self. Take a moment to totally embrace your Lower Self, and give it your un-conditional love and understanding. Feel the connection. Continue to breathe in Light.

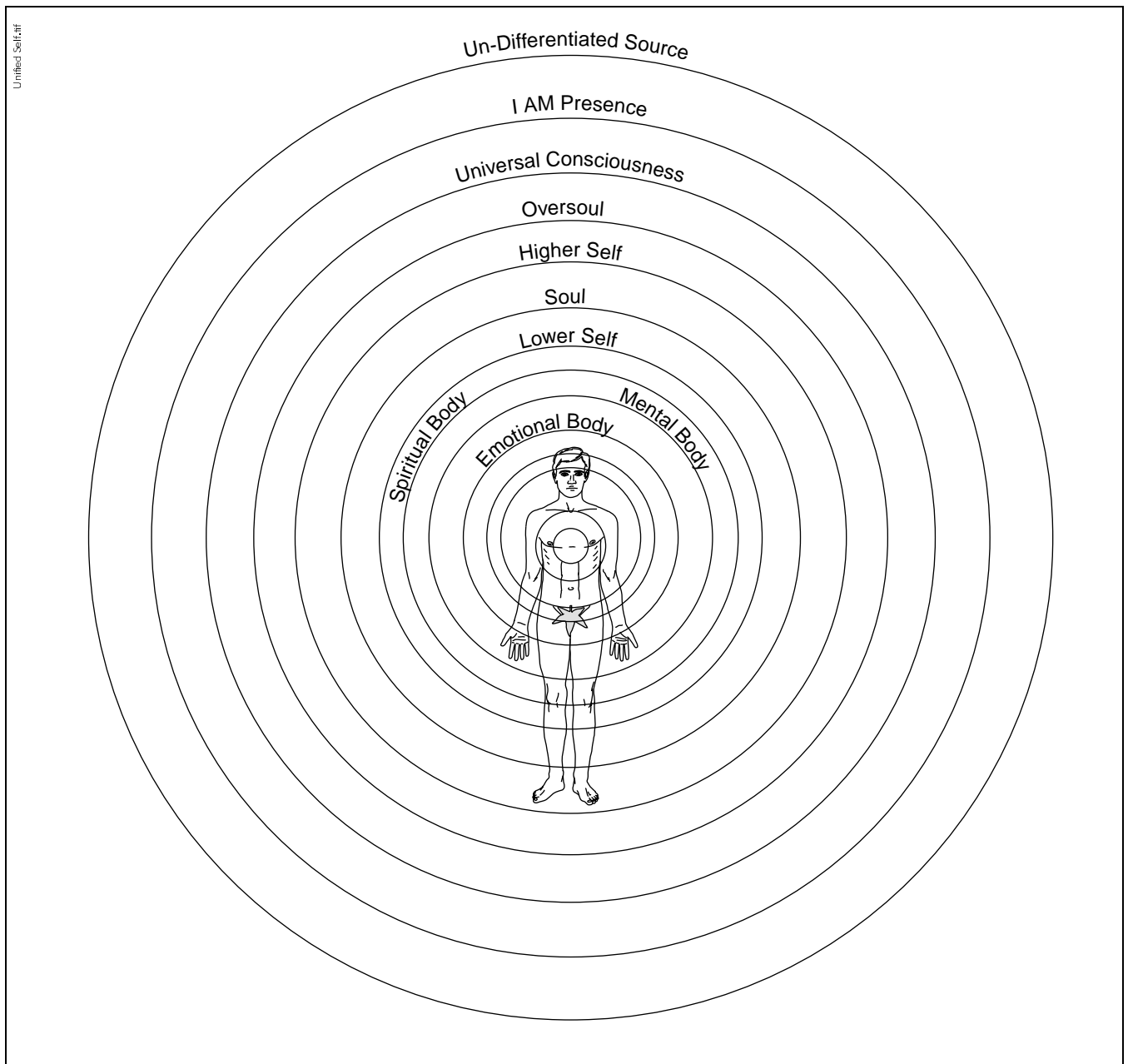


Figure-3: Opening Up to Different Aspects of Self.

Then lovingly command your emotional body, your mental body and Lower Self to surrender to your Soul, and to express fully under the direct supervision of your Soul with the new expanded awareness of Self.

Continue to breathe in Light, and allow the Light to expand. With your intent connect up to your Soul. Take a moment to totally embrace your Soul, and feel the un-conditional love from your Soul. Feel the connection.

Continue to breathe in Light, and allow the Light to expand. With your intent connect up to your Higher Self. Take a moment to totally embrace your Higher Self, and feel the un-conditional love from your Higher Self. Feel the connection.

Continue to breathe in Light, and allow the Light to expand. With your intent connect up to the Oversoul level of your Being. Take a moment to totally

embrace the Oversoul, and feel the un-conditional love from IT. Feel the connection. Ask your Oversoul level to facilitate full reconnection with IT, and to assist you to release all blockages and to rejuvenate all your bodies.

Continue to breathe in Light, and allow the Light to expand. With your intent connect up to the Universal Consciousness level of your Being. Take a moment to totally embrace your Universal Consciousness, and feel the un-conditional love from IT. Feel the connection. Ask your Universal Consciousness level to help you to come into Unity Consciousness.

Continue to breathe in Light, and allow the Light to expand. With your intent connect up to the I AM Presence level of your Being. Take a moment to totally embrace your I AM Presence, and feel the un-conditional love from IT. Feel the connection. Know that this is your true identity as Differentiated Source. Note how expanded you feel, and sense your Power. Take time to commune with the I AM Presence, and bring up any of your personal concerns or desires.

Continue to breathe in Light, and allow the Light to expand. With your intent connect up to Un-Differentiated Source. Take a moment to totally embrace Un-Differentiated Source in Spirit and Nature, and feel the un-conditional love from IT. Feel the connection, and the Oneness with everything that exists throughout all of Creation. Stay for as long as you desire in this heightened vibration.

Ask Spirit to allow you to express from your Wholeness in all that you do throughout the day.

Come fully back into your everyday normal waking consciousness when you are ready.

## Unified Chakra Invocation<sup>1</sup>

This is a very powerful invocation which allows you to centre all your energies and unify with ALL aspects of Self.

If you are not comfortable working with the Unified Chakra invocation, you may try the "Opening Up to Different Aspects of Self Meditation" on page 10.

If you decide to work with the Unified Chakra Invocation, Archangel Ariel says - "Please remember that these invocations are encoded phrases. That means that there are layers of energy placed in each word. Therefore, we advise that you not change the words".

You will find that as you do this invocation everyday, it becomes a part of you that you no longer need to read it. You can then recite it from memory, but instead of just parroting it you can really open your heart centre and "feel" the energy as you open up the various chakras, and by the time you are finished with this invocation you will feel totally connected with the Whole of your Spirit.

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1. Printed with permission from What is LightBody by Archangel Ariel, channeled by Tashira Tachi-ren



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I breathe in Light  
Through the centre of my heart  
Opening my heart  
Into a beautiful ball of Light  
Allowing myself to expand.

I breathe in Light  
Through the centre of my heart  
Allowing the Light to expand  
Encompassing my throat chakra  
And my solar-plexus chakra  
In one unified field of Light  
Within, through, and around my body.

I breathe in Light  
Through the centre of my heart  
Allowing the Light to expand  
Encompassing my brow chakra  
And my navel chakra  
In one unified field of Light  
Within, through, and around my body.

I breathe in Light  
Through the centre of my heart  
Allowing the Light to expand  
Encompassing my crown chakra  
And my base chakra  
In one unified field of Light  
Within, through, and around my body.

I breathe in Light  
Through the centre of my heart  
Allowing the Light to expand  
Encompassing my Alpha chakra  
(200 mm or 8 inches above my head)  
And my Omega chakra  
(200 mm or 8 inches below my spine)  
In one unified field of Light  
Within, through, and around my body.  
I allow the wave of Metatron  
To move between these two points  
I AM a unity of Light.

I breathe in Light  
Through the centre of my heart  
Allowing the Light to expand  
encompassing my 8th chakra  
(above my head)  
And my upper thighs  
In one unified field of Light  
Within, through, and around my body.  
I allow my emotional body to merge  
With my physical body  
I AM a Unity of Light.

I breathe in Light  
Through the centre of my heart  
Allowing the Light to expand  
Encompassing my 9th chakra

(above my head)  
And my lower thighs  
In one unified field of Light  
Within, through, and around my body.  
I allow my mental body to merge  
With my physical body  
I AM a Unity of Light.

I breathe in Light  
Through the centre of my heart  
Allowing the Light to expand  
Encompassing my 10th chakra  
(above my head)  
And to my knees  
In one unified field of Light  
Within, through, and around my body.  
I allow my spiritual body to merge  
With my physical body  
Forming the unified field  
I AM a Unity of Light.

I breathe in Light  
Through the centre of my heart  
Allowing the Light to expand  
Encompassing my 11th chakra  
(above my head)  
And my upper calves  
In one unified field of Light  
Within, through, and around my body.  
I allow the Oversoul to merge  
With the unified field  
I AM a Unity of Light.

I breathe in Light  
Through the centre of my heart  
Allowing the Light to expand  
Encompassing my 12th chakra  
(above my head)  
And my lower calves  
In one unified field of Light  
Within, through, and around my body.  
I allow the Christ Oversoul (Universal Oversoul) to merge  
With the unified field  
I AM a Unity of Light.

I breathe in Light  
Through the centre of my heart  
Allowing the light to expand  
Encompassing my 13th chakra  
(above my head)  
And my feet  
In one unified field of Light  
Within, through, and around my body.  
I allow the I AM Oversoul to merge  
With the unified field  
I AM a Unity of Light.

I breathe in Light  
Through the centre of my heart  
Allowing the Light to expand  
Encompassing my 14th chakra  
(Above my head)  
And to below my feet  
In one unified field of Light  
Within, through, and around my body.  
I allow the Source's Presence to move  
Throughout the unified field  
I AM a Unity of Light.

I breathe in Light  
Through the centre of my heart  
I ask that  
The highest level of my Spirit  
Radiate forth  
From the centre of my heart  
Filling this unified field completely  
I radiate forth throughout this day  
I AM a unity of Spirit.

## General Intent for Attunement

Repeat to yourself:

"I wish to re-open, re-align and re-activate the axiatonal lines into full operation. I wish to re-establish full connection with my Oversoul and draw upon my Perfect Oversoul Blueprint to provide regeneration at every level of my being - physical, etheric, emotional, mental, Soul and Oversoul levels. This I do for the Highest Good of All, in service to the ALL THAT IS".

You may also add any other specific intentions you may have for the attunement.

## Axiatonal Head Lines

There are 12 lines that make up the Axiatonal Head Lines.

### Head Line 1:

This line runs from a point mid-way between the brow to the top of the head near the crown – refer to Figure-4. Visualize Source Light flowing from your Fire Finger activate this meridian. At the crown pause and send Source Light down the spine. This will open the spinal energies. Repeat this 3X.

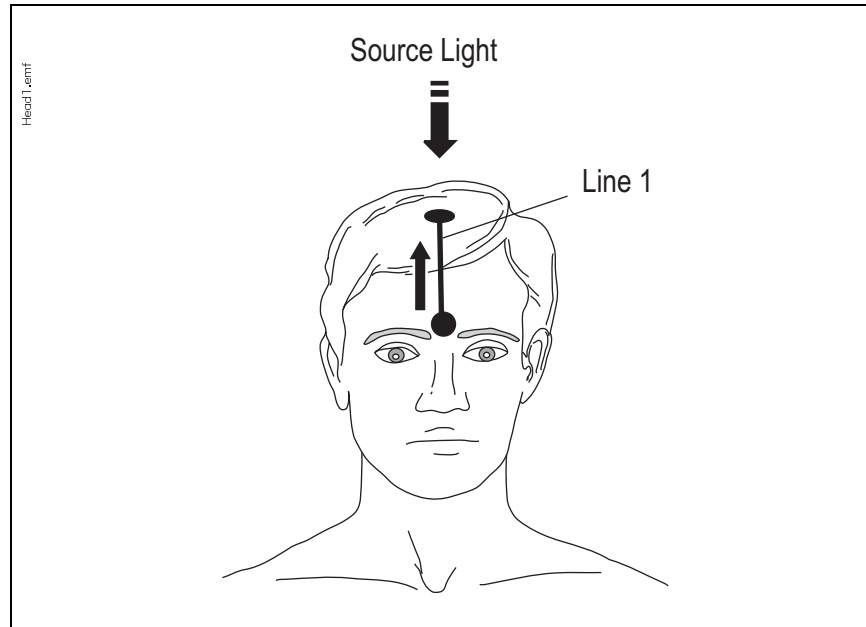


Figure-4: Head line 1.

### Head Lines 2 & 3:

These lines run from just above the brow to the top of the head near the crown – refer to Figure-5. Visualize Source Light flowing from your Fire Fingers activate these meridians. At the crown pause and send Source Light down the spine. Repeat this 3X.

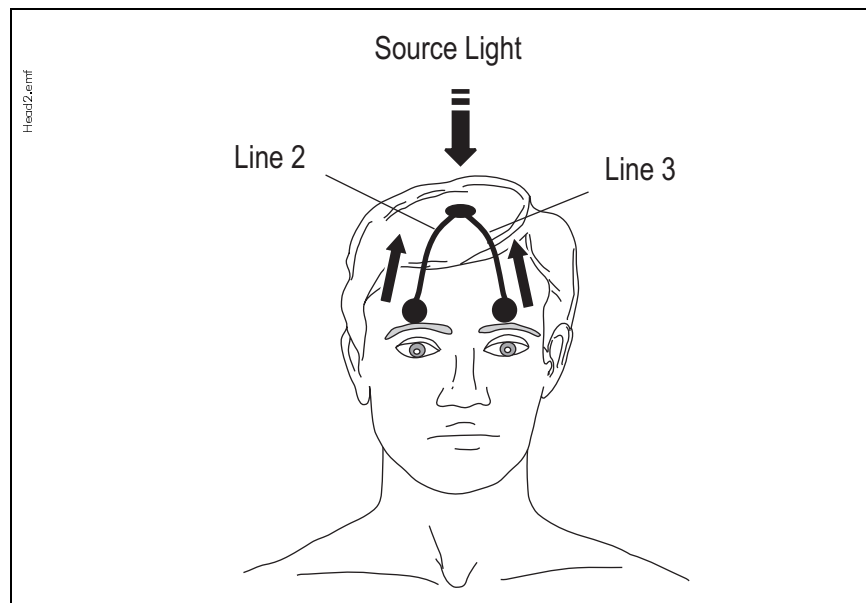


Figure-5: Head lines 2 & 3.

### Head Lines 4 & 5:

These lines run on both sides of the head beginning at the base of the neck, running straight up and behind the ears, up the sides of the cranium to intersect with Head Line 1. Refer to Figure-6.

Draw these two lines simultaneously (on each side of the head). Visualize Source Light flowing from your Fire Fingers activate these meridians. At the crown pause and send Source Light down the spine. Repeat this 3X.

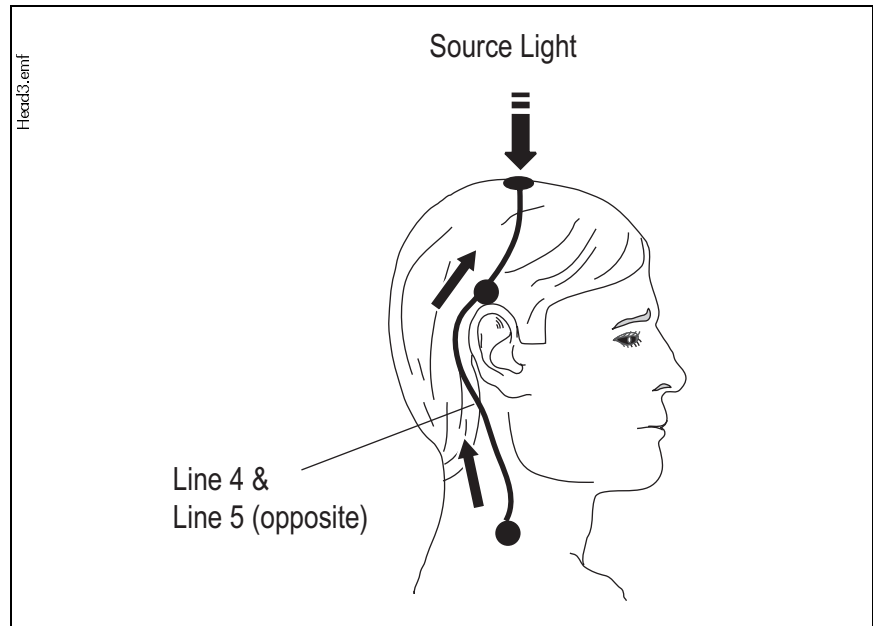
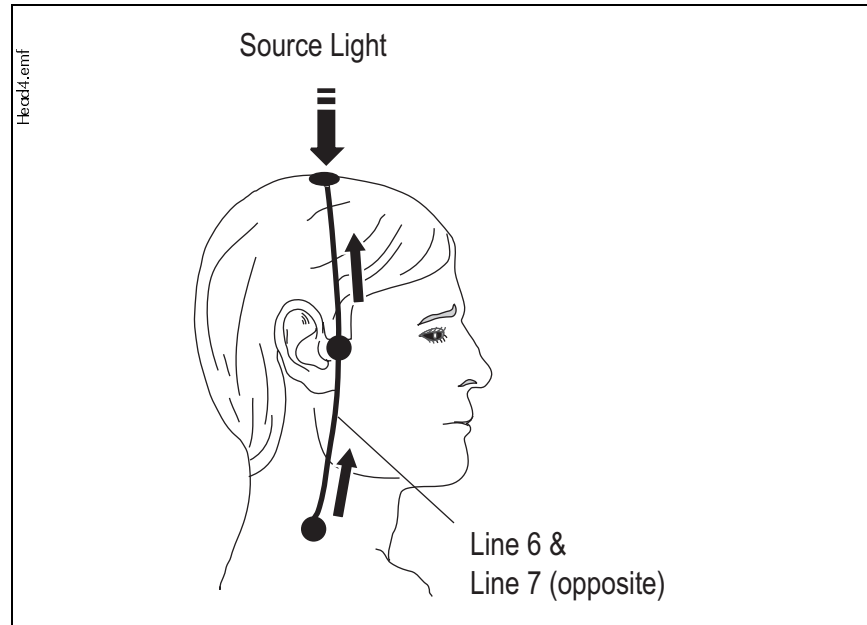


Figure-6: Head Lines 4 & 5.

### Head Lines 6 & 7:

These lines run on both sides of the head, beginning again at the base of the neck and running straight up, in front of the ears and up the sides of the cranium to intersect with Head Line 1. Refer to Figure-7.



**Figure-7: Head Lines 6 & 7.**

These two lines also need to be drawn simultaneously. Visualize Source Light flowing from your Fire Fingers activate these meridians. At the crown pause and send Source Light down the spine. Repeat this 3X.

**Head Line 8:**

This line is a horizontal band that runs from a point just above the top of the ear, through the brow area to the corresponding point just above the top of the other ear. Refer to Figure-8. Visualize Source Light flowing from your Fire Finger activate this meridian. Repeat this at least 9X, and let your intuition guide you.

**Head Line 9:**

This line runs from a point mid-ear, through a point on the upper lip to the corresponding point in front of the other ear. Refer to Figure-8. Visualize Source Light flowing from your Fire Finger activate this meridian. Repeat this at least 9X, and let your intuition guide you.

**Head Line 10:**

This line runs from a point below the ear lobe, along the jaw line, through a point below the lower lip to the corresponding point below the other ear lobe. Refer to Figure-8. Visualize Source Light flowing from your Fire Finger activate this meridian. Repeat this at least 9X, and let your intuition guide you.

**Head Line 11:**

This line runs from the same point below the ear lobe, under the chin to the corresponding point below the other ear. Refer to Figure-8. Visualize Source Light flowing from your Fire Finger activate this meridian. Repeat this at least 9X and let your intuition guide you.

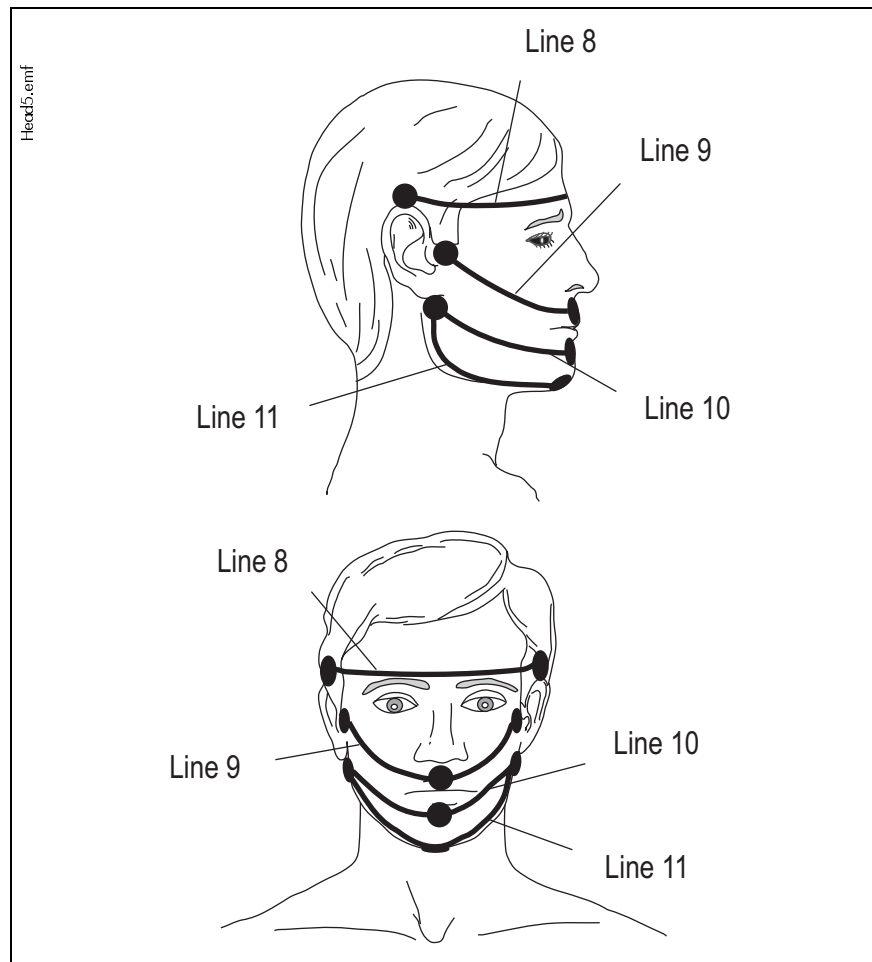


Figure-8: Head Lines 8, 9, 10 & 11.

### Head Line 12:

This is a pair of lines that run from a point where the spine meets the skull (sometimes referred to as the Mouth of God) to a point behind each ear lobe. Refer to Figure-9. Visualize Source Light flowing from your Fire Finger activate this meridian. Repeat this at least 9X, and let your intuition guide you.

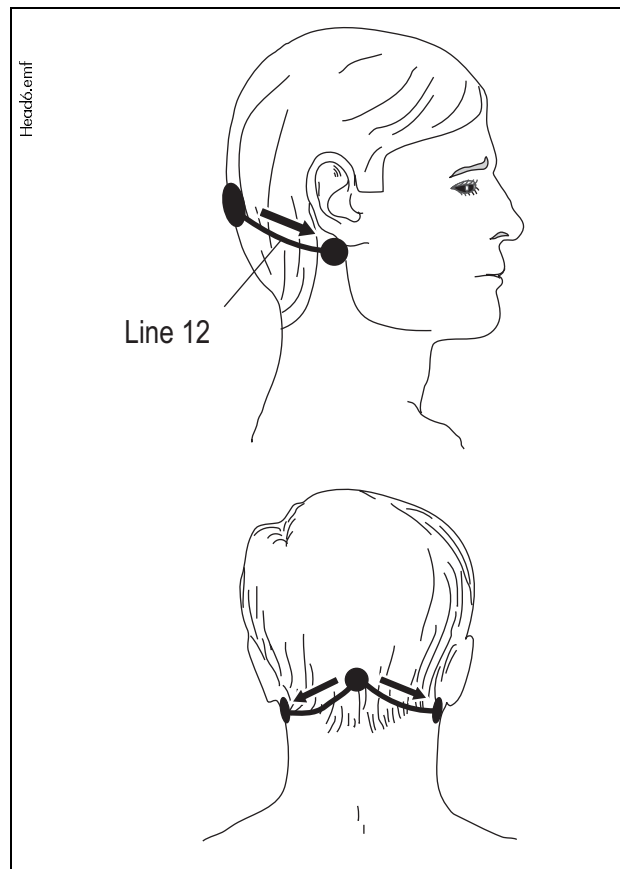


Figure-9: Head Line 12.

## Spin Points

Figure-10 shows where the major spin points are located relative to the physical body. Touching these points activates the spin points, which allows the axial energy to enter the acupuncture meridians and the axial circulatory system. Visualize Source Light flowing from your Fire Finger activate the spin points. When both the front/back or inside/outside need to be activated use both the Fire Finger and the thumb.



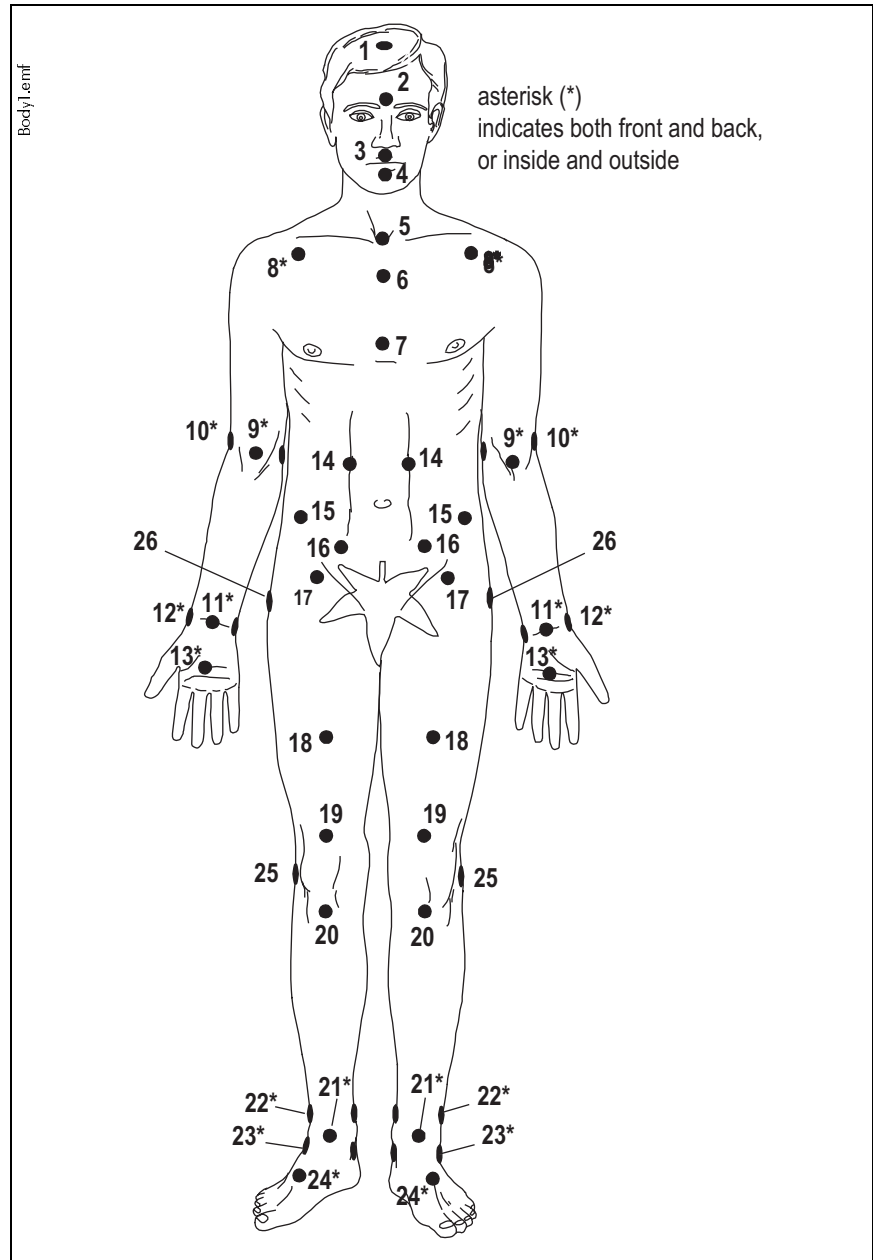


Figure-10: Spin Points.

1. Crown chakra - top of the cranium
2. Third eye - just above the eyebrows at the centre
3. Under the nose
4. Chin
5. Throat
6. Thymus
7. Heart
8. Heart/Lung point - the soft indentation area near the shoulder - front/back
9. Elbow joint - front/back
10. Sides of the elbows - inside/outside
11. Centre of wrist - front/back
12. Sides of wrist - inside/outside
13. Centre of palm - front/back
14. Below rib cage
15. Hip
16. Groin - mid
17. Groin - lower
18. Mid thigh
19. Above knee
20. Below knee
21. Centre of ankle - front/back
22. Above ankle bone - inside/outside
23. Below ankle bone - inside/outside
24. Foot - top/bottom
25. Outside of knee - run a line up the side of the leg to the knee and press into the sides of the knee
26. Hip joint - continue the line up to the hip and press into the sides of the hip

## Axiatonal Body Lines

Activate the axiatonal body lines around the body.

### Body Line 1:

Trace this meridian from Un-Differentiated Source in Spirit down the middle of the body to Un-Differentiated Source in Nature, and back up to Un-Differentiated Source in Spirit at the top of the Sphere. Visualize Source Light flowing from your Fire Finger activate this meridian as you trace the lines. Refer to Figure-11. Repeat this 3X.

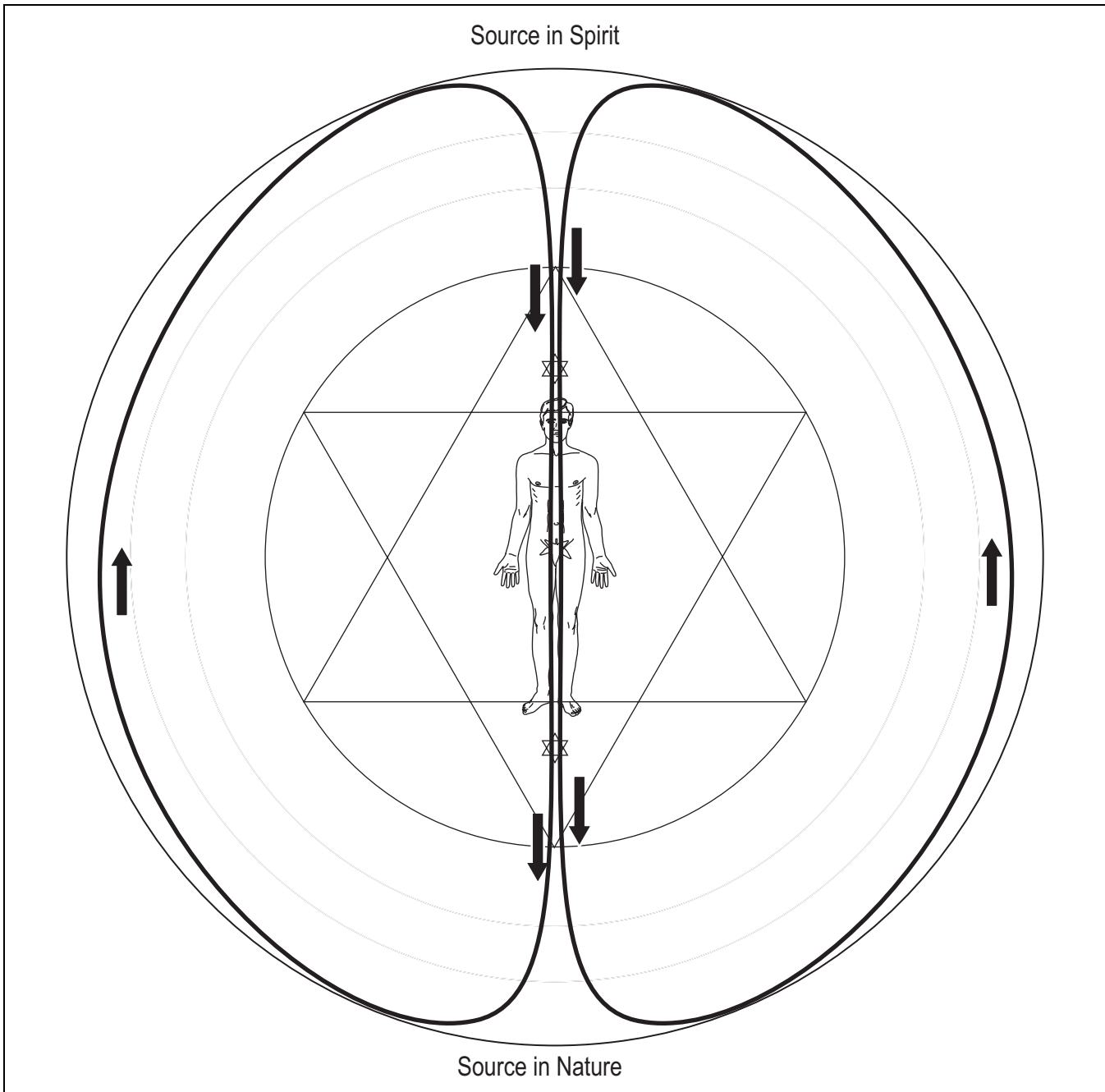


Figure-11: Body Line 1.

**Body Line 2:**

This meridian begins mid-shoulder, on both sides, and run downward passing over the nipple area and down the centre of the legs and out the second toe, and back to the top of the shoulders. Refer to Figure-12. Visualize Source Light flowing from your Fire Finger activate this meridian as you trace the lines. Repeat this 3X.

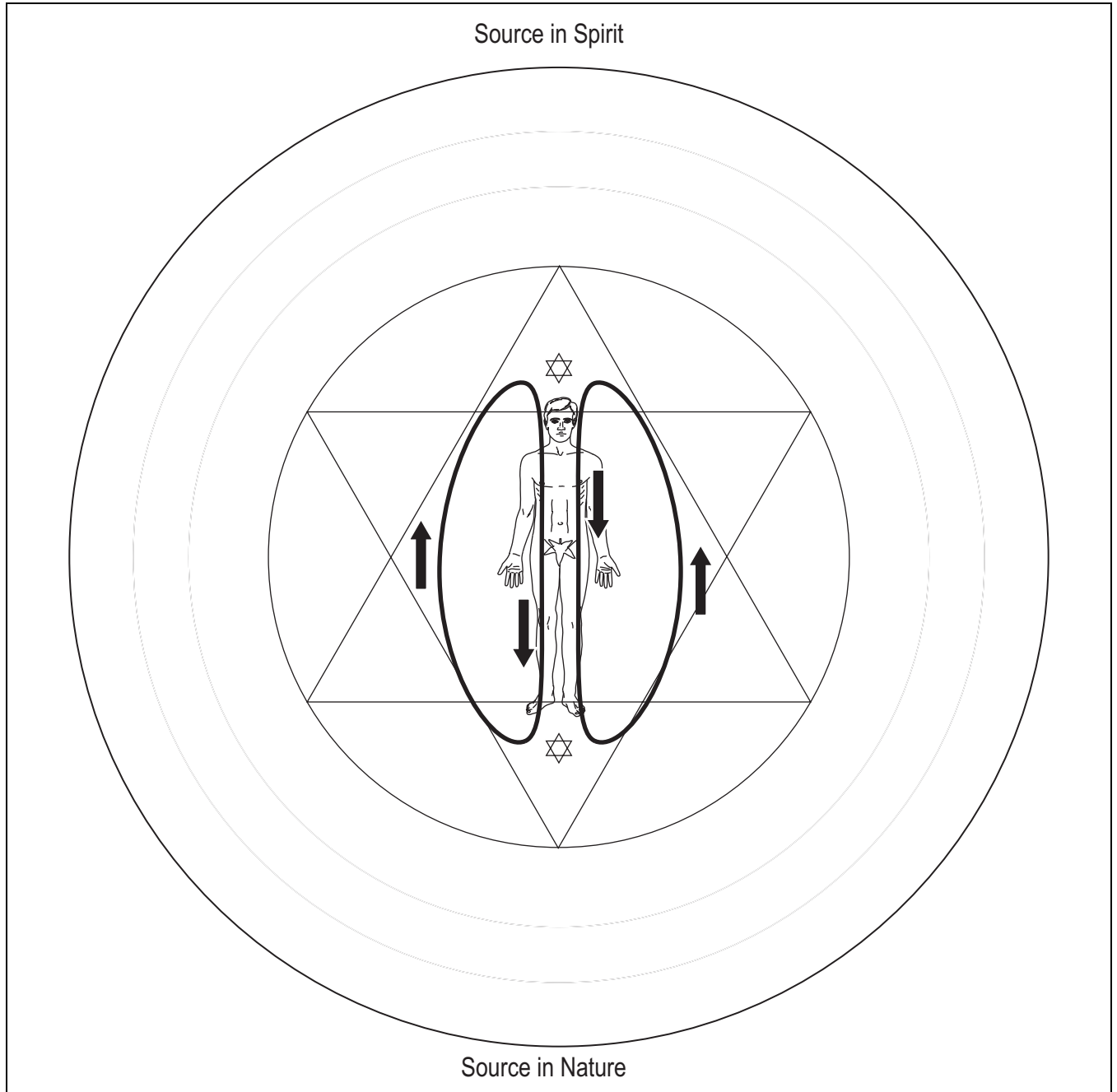


Figure-12: Body Line 2.

**Reminder! Do the 2nd set of spin points.**

**Body Line 3:**

Trace this meridian from Un-Differentiated Source in Spirit down to the crown, and then trace the Fire Fingers down the side of the head and behind the ears down to the neck and around the shoulders, down the arms to the fingertips and up the inside of the arms to the armpits, and down the outside of the body, down to Un-Differentiated Source in Nature, and back up to Un-Differentiated Source in Spirit at the top of the sphere. Visualize Source Light flowing from your Fire Finger activate this meridian as you trace the lines. Refer to Figure-13. Repeat this 3X.

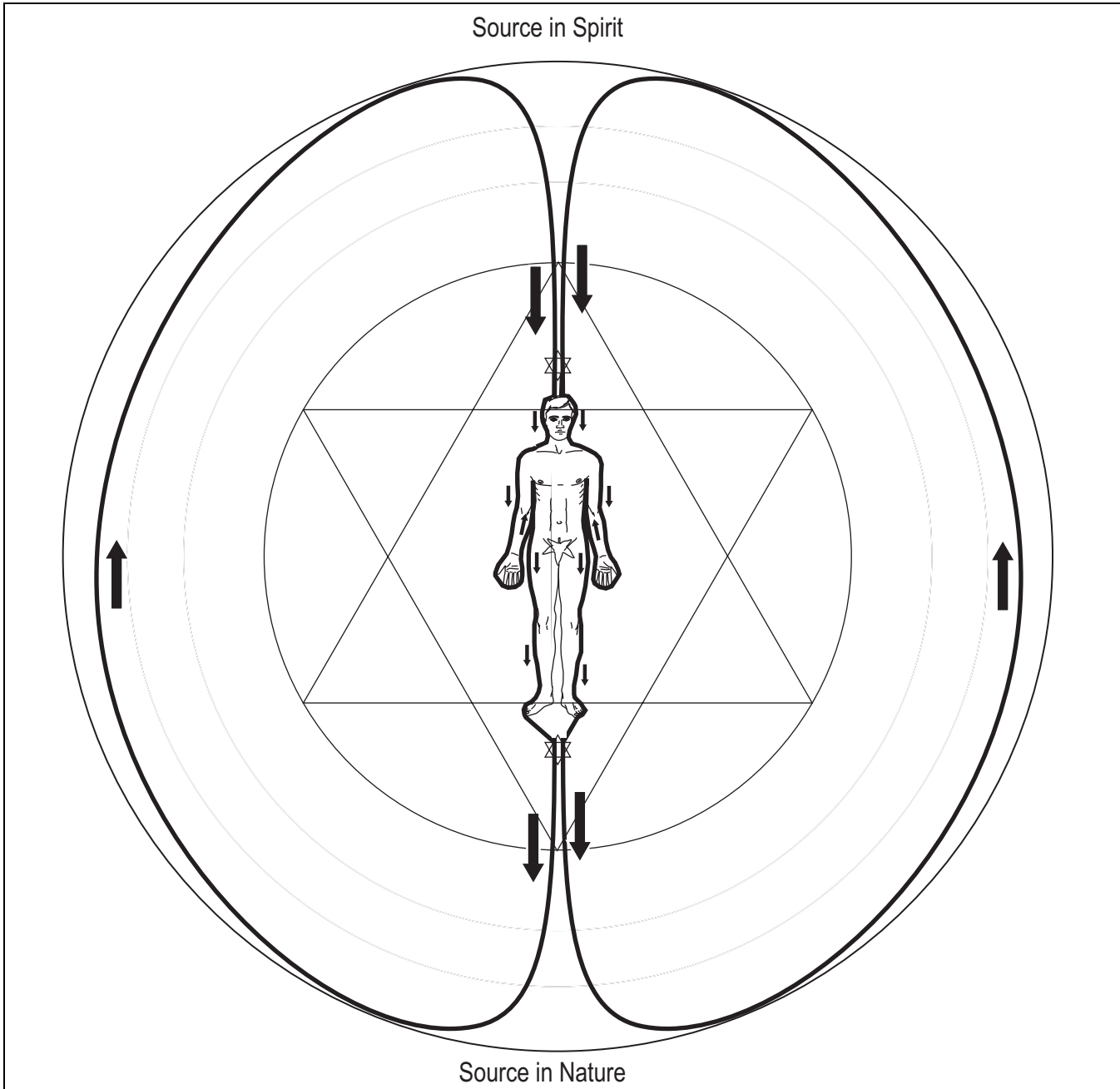


Figure-13: Body Line 3.

**Reminder! Do the 3rd set of spin points.**

## Activating the DNA Strands:

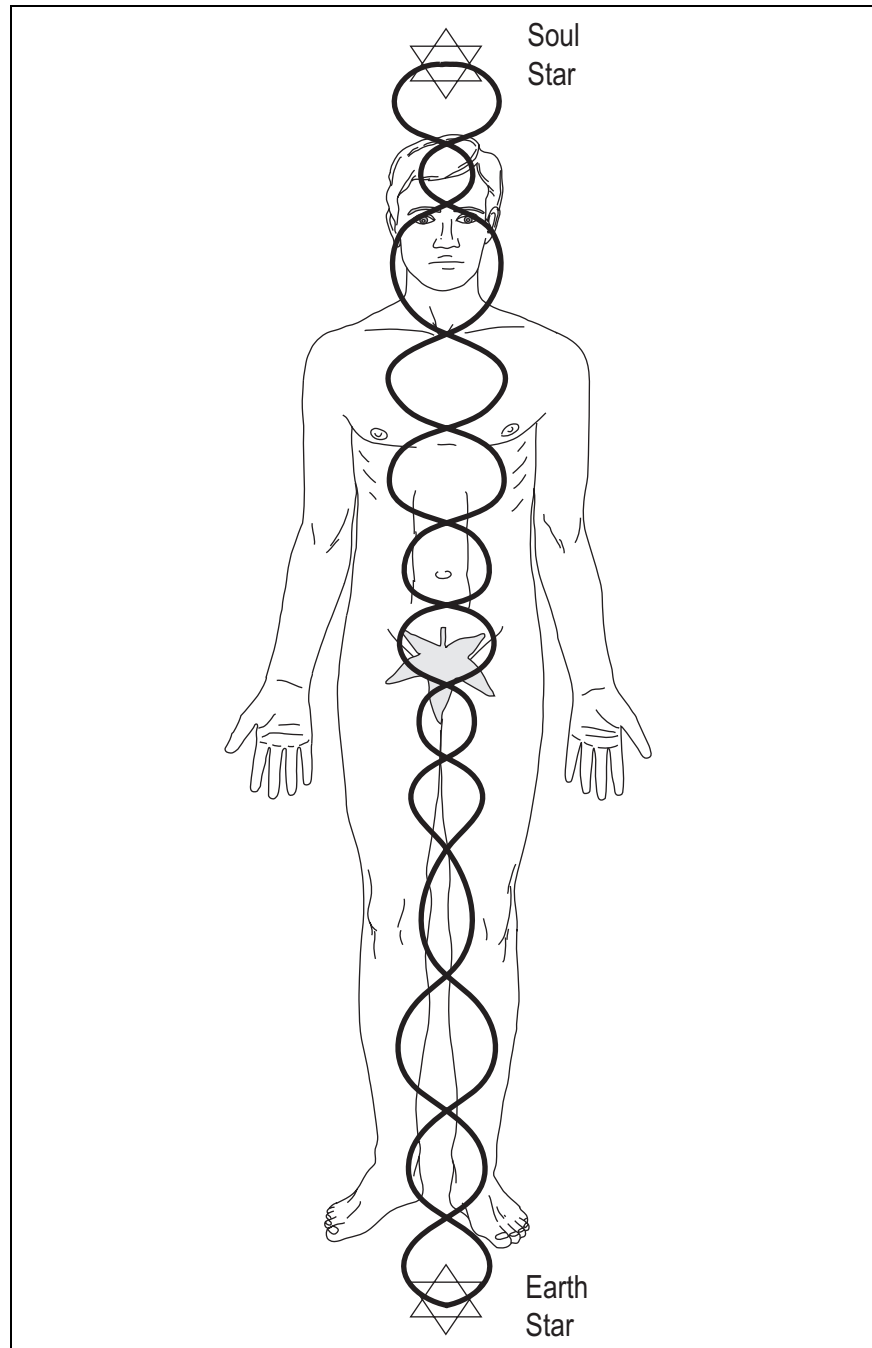


Figure-14: Activating the DNA Strands.

Trace figure-8s starting above the crown at the Soul Star, and moving downward passing through each of the chakras, and any other areas that the Fire Fingers are drawn to, and finally ending below the feet at the Earth Star. Reverse the pattern, tracing the figure-8s from the Earth Star up to the Soul Star. Visualize Source Light flowing from your Fire Finger activate the DNA strands as you trace the lines. Refer to Figure-14. Repeat this 3X.

**Reminder! Do the 4th set of spin points.**

Patterns Removal:

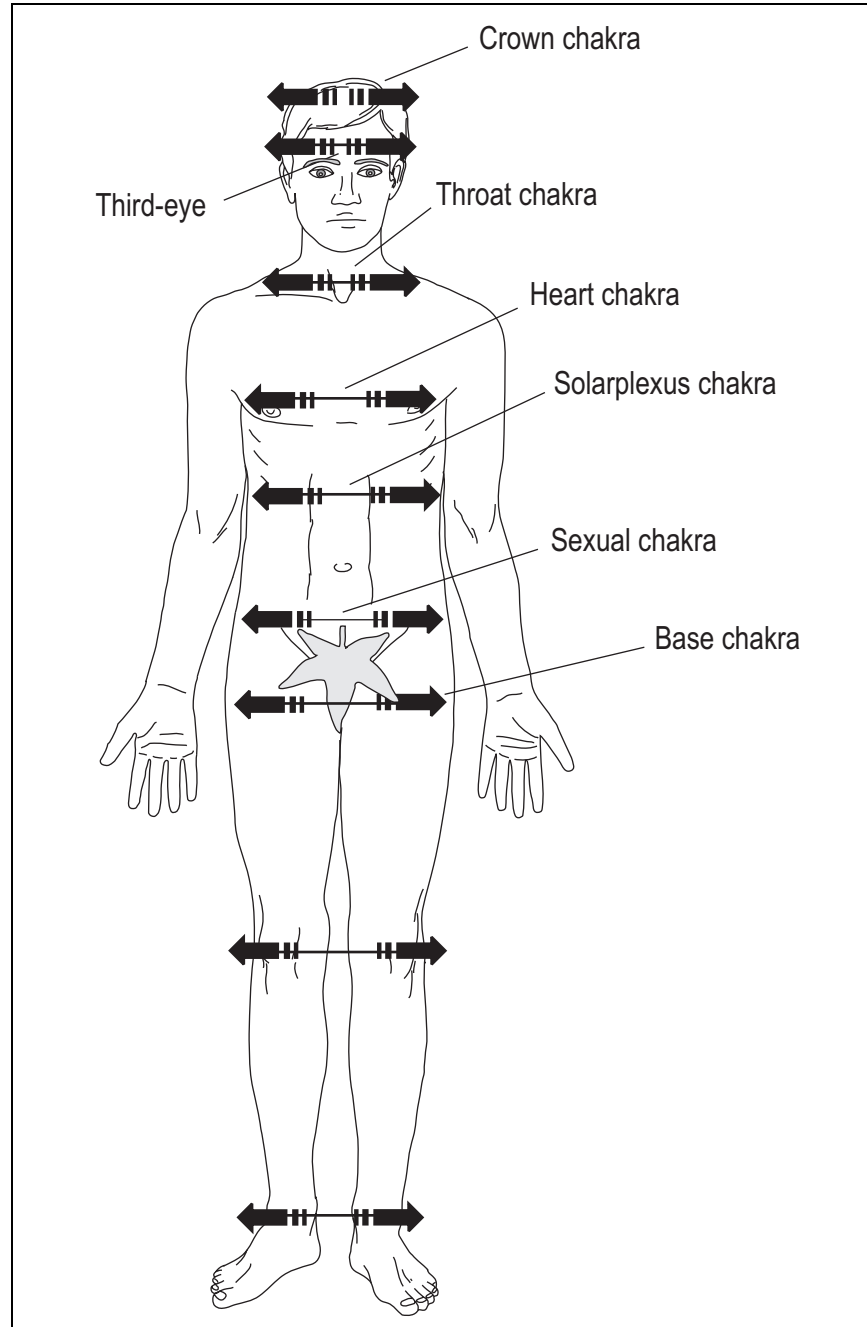


Figure-15: Patterns Removal.

Use a scraping action to scrape away negative emotional and mental patterns. Run the hands in a back and forth scraping motion in the area of each of the chakras, and the knees and ankles. Refer to Figure-15.

You may ask your Higher Self and Oversoul to assist with clearing out negative emotional and mental patterns. This is extremely effective!

**Reminder! Do the 5th (and final) set of spin points.**

## Hook-Up to the Oversoul Levels

**Important!** It is important to remember that the Soul Star and Earth Star are the main junctions for all the Axiatonal lines passing through the various levels of Self. You are quite literally plugging yourself into the Axiatonal grid, having first activated the Axiatonal meridians. It is crucial that you set your intention that this connection is made PERFECTLY to the Soul, Higher Self, Oversoul, Universal Consciousness, I AM Presence and Un-Differentiated Source.

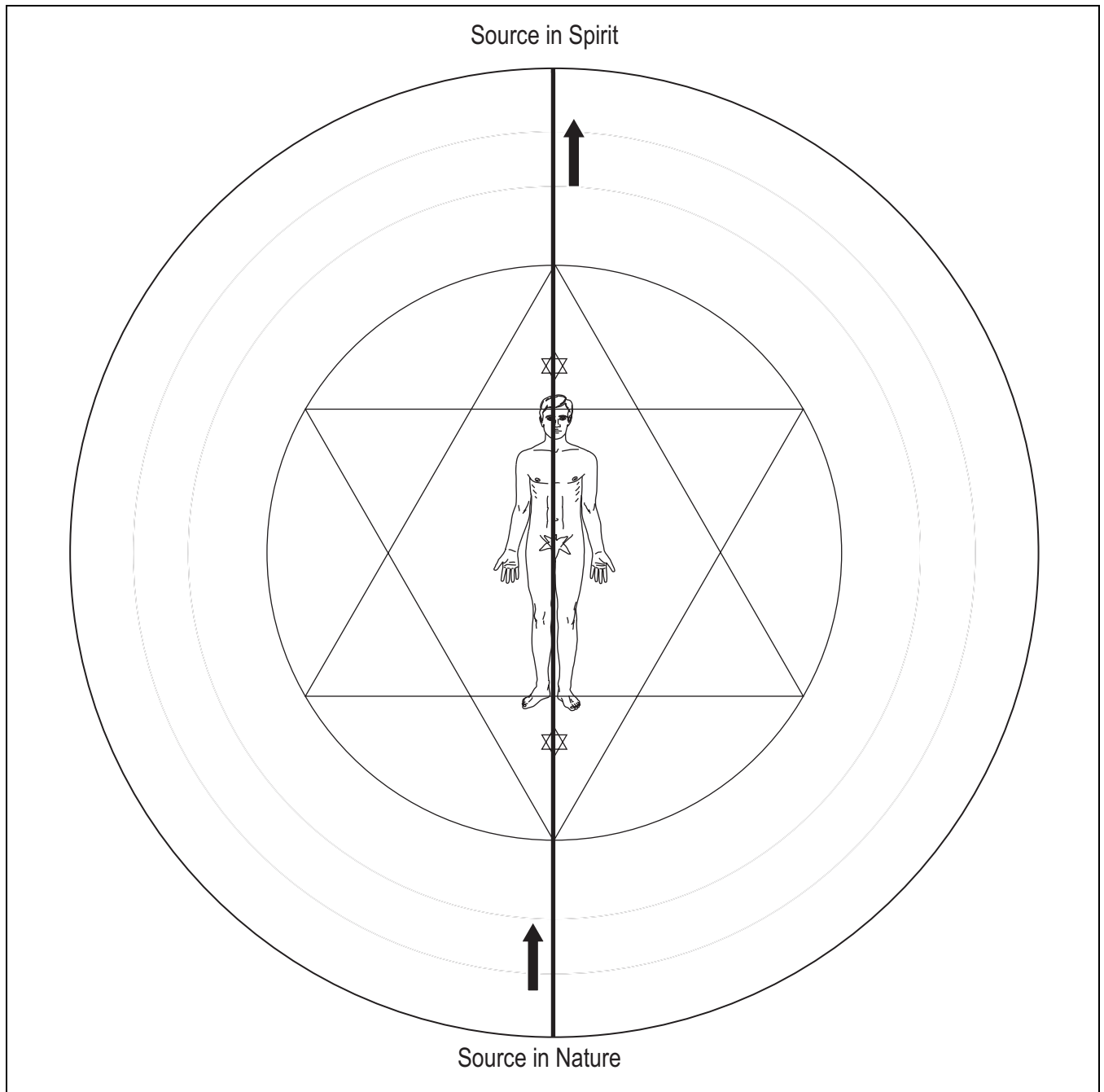


Figure-16: Hook-Up to Oversoul Levels.

Take a deep breath and draw a line starting from Un-Differentiated Source in Nature at the bottom of the sphere through the Earth Star, and up the middle of

the body to the Soul Star, then exhale in one forceful breath to Un-Differentiated Source in Spirit. Refer to Figure-16. Repeat this 3X.

## Sealing the Connection

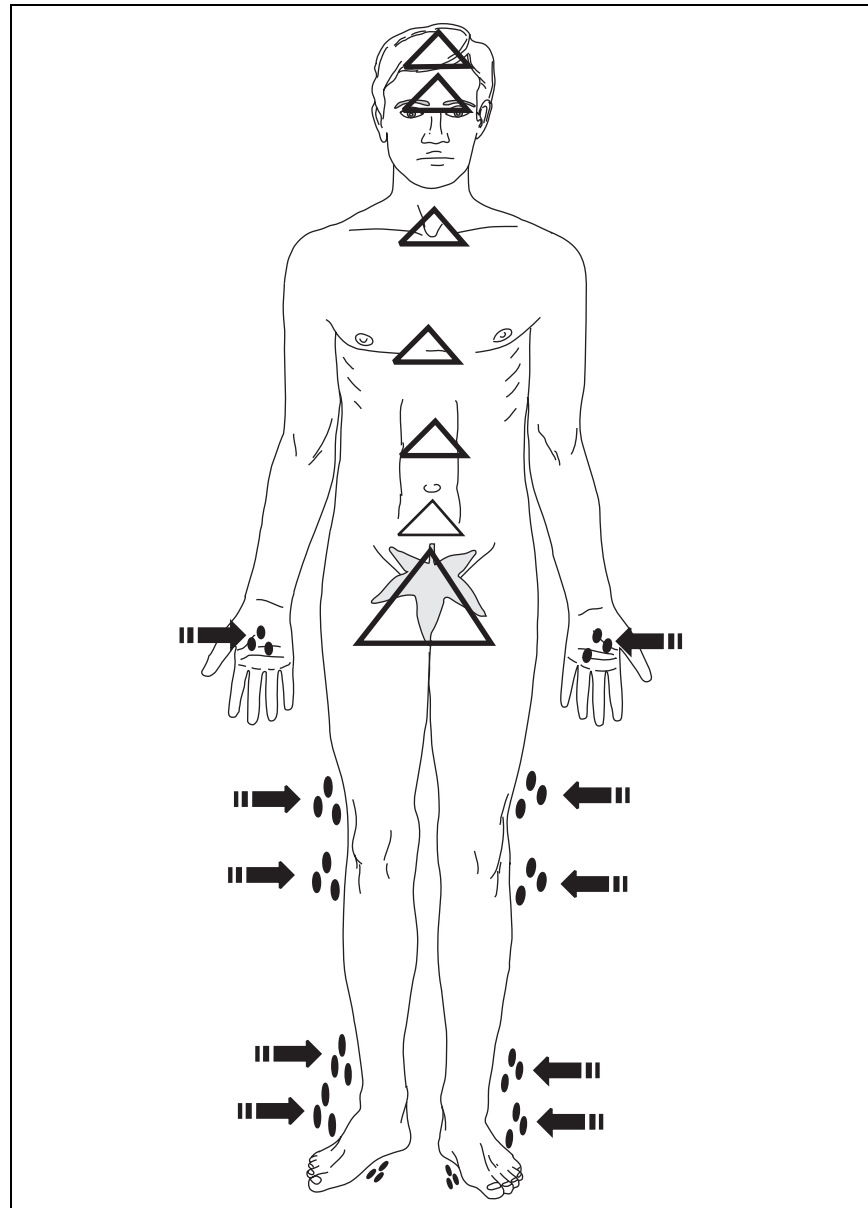


Figure-17: Sealing the Connection.

Make a small triangle with the thumb and Fire Finger of one hand and the thumb and Fire Finger of the other hand. Place the triangle in the area near each of the chakra.

Put the Fire Finger and thumb together and place the index finger above it to form a small triangle. Press the triangle into the side of the body just above and



just below the knee. Similarly press the triangle into the side of the ankle just above it and just below it. Refer to Figure-17.

The small triangles can also be placed on the palms of both hands and the soles of the feet.

## Harmonizing All Meridians

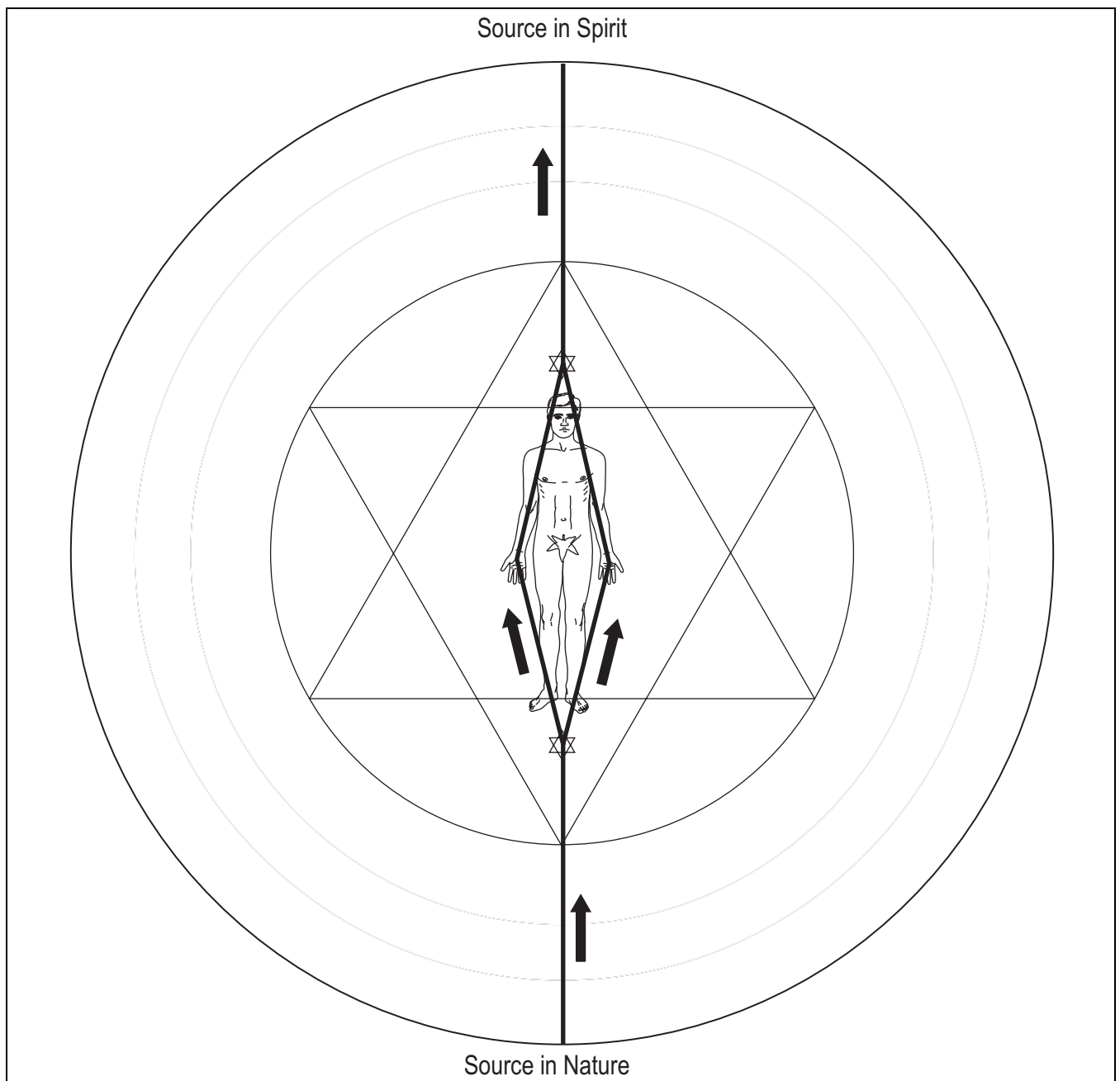


Figure-18: Harmonizing All Meridians.

**Important!** Once again, it is important to remember that the Soul Star and Earth Star are the main junctions for all the Axiatonal lines passing through the various levels of Self. You are quite literally plugging yourself into the Axiatonal grid, having first activated the Axiatonal meridians. It is crucial that you set your intention that this connection is made PERFECTLY to the Soul, Higher Self, Oversoul, Universal Consciousness, I AM Presence and Un-Differentiated Source.

Take a deep breath and draw a line starting from Un-Differentiated Source in Nature at the bottom of the sphere through the Earth Star, and up through the palms to the Soul Star, then exhale in one forceful breath to Un-Differentiated Source in Spirit. Refer to Figure-18. Repeat this 3X.

## Sealing the Connection Again

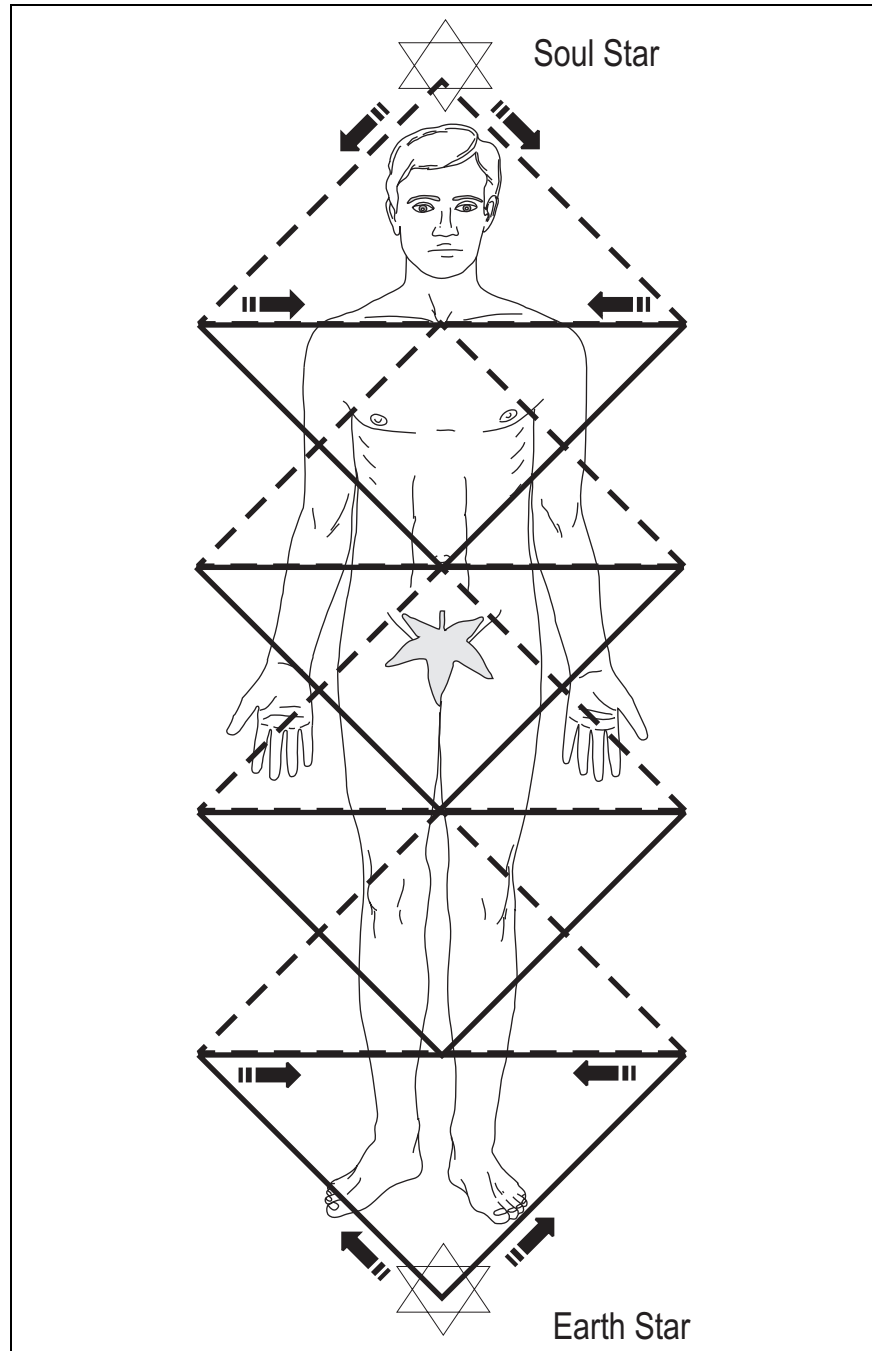


Figure-19: Sealing the Connection Again.

With palms down, and beginning above the crown at the Soul Star draw triangles. Continue down the body ending at mid-calf. Then starting below the feet at the Earth Star draw triangles back up toward the head. Refer to Figure-19.

## Check Energies

Place the palms above the crown and feel for any unbalanced energies. Hold the palms there, and simply allow the energies to balance. When the energies are balanced, the energies in both hands will also be even.

Repeat the same at the feet until the energies are balance at the feet.

## Blessings from the Oversoul

Ask the Oversoul to shower the you with Blessings. Visualize this as a shower of trillions of Golden-White filaments of Light spiralling down from the Oversoul levels into the pyramid of Light.

When this step feels complete, move to the next step.

## Cocoon of Light

Circle the body in a clockwise direction 3X, and visualise yourself enclosed in a brilliant cocoon of White Light. Refer to Figure-20. Then repeat it counter-clockwise 3X.

## Close the Session

You should feel naturally grounded at the end of the attunement. If additional grounding is necessary, place your hands on your feet and through your breath connect with Source in Nature.

Remember to drink lots of water and have detox baths over the next couple of days as the releases continue. Remember that you may feel fatigued, and that it is quite normal.

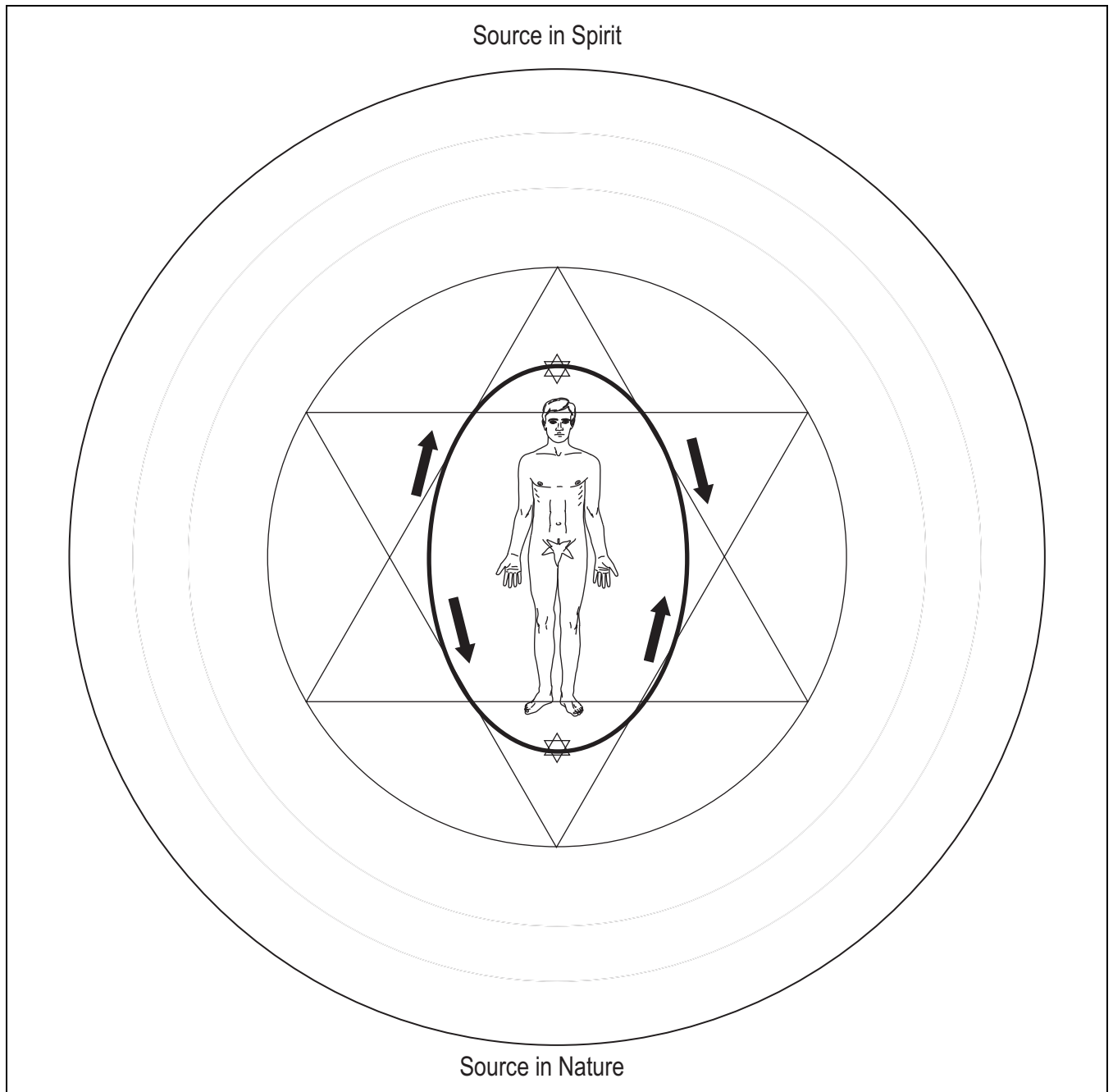


Figure-20: Cocoon of Light.

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